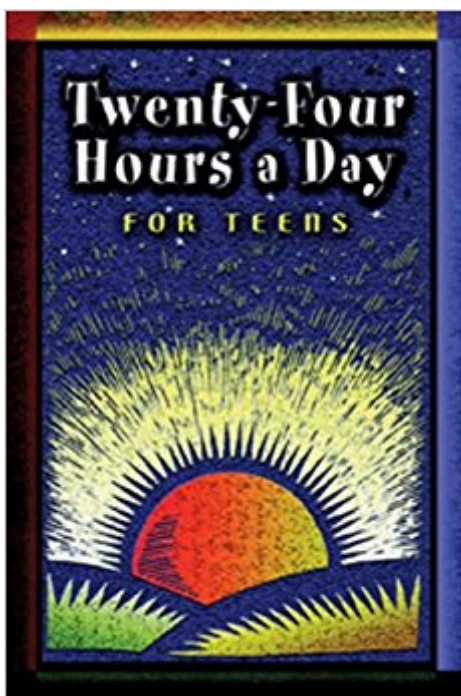


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Twenty Four Hours A Day For Teens: Daily Meditations



Synopsis

A beautiful adaptation of the best-selling meditation book, *Twenty-Four Hours a Day*, just for teens. *Twenty-Four Hours a Day for Teens* was created to help young people navigate the peaks and valleys of developing an active spiritual life in recovery. As an abridged and revised version of the classic *Twenty-Four Hours a Day*, this volume reflects the time-honored wisdom that has helped millions of recovering people around the world in their program of living one day at a time.

Book Information

Series: Daily Meditations

Paperback: 416 pages

Publisher: Hazelden Publishing; abridged edition edition (February 20, 2004)

Language: English

ISBN-10: 1592850782

ISBN-13: 978-1592850785

Product Dimensions: 4 x 0.8 x 6 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 2 customer reviews

Best Sellers Rank: #299,301 in Books (See Top 100 in Books) #21 in [Books > Teens >](#)

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Customer Reviews

Anonymous Anonymous is a contributor for Hazelden Publications including *Alcoholics Anonymous Big Book 4th Edition*.

gave as a gift

I bought this book for my daughter. It was very good for any youth in recovery.

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